



La Jolla Cosmetic
Medical Spa
est. 2013

What to Expect with Ultherapy Treatment

In the early days following face and neck treatment, patients commonly report some lifting, toning and plumping of the fine lines. While this immediate ‘plumping effect’ can be temporary, it signals that the beneficial process of new collagen generation has begun.

Skin lifting on the brow, neck and under the chin is reported to continue to build over the next 2-3 months. Further improvement can even appear up to 6 months following the procedure.

Ultherapy is not intended to produce the same results as an invasive surgical procedure. As with any medical procedure, there are possible risks associated with the treatment. There is a remote risk of a burn that may or may not lead to scarring, which will respond to medical care, or temporary nerve injury, which will resolve in a matter of weeks. Occasional temporary effects can include bruising or welts, which resolve in day

Face & Neck Target Issues	Immediate	First Week+	Day 30+	Day 60–90 and beyond
Skin Lifting, Toning, & Tightening Sagging eyelid skin Lax, loose skin under the chin Loose skin on the neck	Slight lifting & toning Minor swelling	Slight lifting & toning Minor swelling	Slight lifting & toning	Additional lifting & toning Brow elevation (overall or outer portion) for a more ‘open’ look to the eyes Less sagging Tighter, lifted skin
Skin Feel & Texture	Tighter Slight tenderness to the touch Tingling Numbness	Tighter Slight tenderness to the touch Tingling	Tighter Slight tenderness to the touch Tingling	Tighter, better-fitting skin Smoother texture



La Jolla Cosmetic
Medical Spa
est. 2013

	Slight plumping of fine lines	Numbness Slight plumping of the fine lines	Numbness Smoother texture	
Color	Erythema (redness)	Minor bruising (occasional)	More even tone	More even tone

TREATING THE DECOLLETAGE

After a single décolletage treatment, the collagen building process is initiated and a smoothing of fine lines and wrinkles of the chest may be noticeable within 90 days. Improvement can also be seen at 180 days post-treatment.

Because everyone's skin is different, results will vary. The following table describes the variety of responses reported by Ultherapy patients and when they may be experienced.

Ultherapy is not intended to produce the same results as an invasive surgical procedure. As with any medical procedure, there are possible risks associated with the treatment. There is a remote risk of a burn that may or may not lead to scarring, which will respond to medical care, or temporary nerve injury, which will resolve in a matter of weeks. Occasional temporary effects can include bruising or welts, which resolve in days.

Décolletage Target Issues	Immediate	First Week+	Day 30+	Day 60–90 and beyond
Improvement of lines and wrinkles on the chest	Minor swelling	Minor swelling	Improvement in the appearance of lines and wrinkles	Improvement in the appearance of lines and wrinkles
Skin Feel & Texture	Slight tenderness to the touch Tingling Numbness	Slight tenderness to the touch Tingling Numbness	Smoother texture	Smoother texture
Color	Erythema (redness) Minor bruising (occasional)	Minor bruising (occasional)	n/a	n/a